



SANT BABA BHAG SINGH UNIVERSITY
UNIVERSITY INSITUTE OF LAW
Village, Khiala, P.O Padhiana, Distt Jalandhar-144030

Ref No .- UIL/LAW/25/45A

Date: 12/10/2025

OFFICE ORDER

Subject: Constitution of Student Mental Health Monitoring Committee (SMHMC) under the Counseling & Wellness Framework

In compliance with the directions of the Hon'ble Supreme Court of India dated 14 February 2024 and 24 March 2025, and in accordance with the national guidelines on student mental health and well-being, the University Institute of Law, Sant Baba Bhag Singh University, Jalandhar hereby constitutes the Student Mental Health Monitoring Committee (SMHMC) to oversee the implementation of the Student Mental Health, Counseling and Wellness Policy within the institute.

The committee shall work under the Counseling & Wellness Centre / Referral Arrangement Framework of the University and shall ensure the promotion of mental health awareness, counseling support, crisis intervention mechanisms, and preventive measures relating to student well-being.

Composition of the Student Mental Health Monitoring Committee (SMHMC)

Sr. No.	Name	Designation	Role in Committee
1	Dr. Pooja Bali	Dean & Professor, UIL/SBBSU	Chairperson
2	Mr. Rishav Dogra	Assistant Professor	Nodal Officer
3	Ms. Manjot Kaur	Assistant Professor	Member
4	Dr. Manpreet kaur	Assistant Professor	Member
5	Dr. Sween Saini	Psychologist, Hoshiarpur, Punjab	External Expert

Functions of the Committee

The Student Mental Health Monitoring Committee shall:

- Monitor implementation of the **Student Mental Health and Wellness Policy**.
- Facilitate access to counseling services and mental health support for students.
- Conduct awareness programmes, workshops, and stress-management sessions.
- Coordinate with the University Health & Wellness Centre and external mental health professionals for referral services.
- Implement crisis response protocols for cases of psychological distress or mental health emergencies.
- Maintain anonymised records of counseling sessions and wellness activities.
- Submit periodic reports to the University authorities regarding mental health initiatives and interventions.

All faculty members, mentors, wardens, and administrative staff are directed to cooperate with the committee in ensuring a **supportive, inclusive and psychologically safe academic environment** for students.

This order shall come into force with **immediate effect** and shall remain valid until further orders.

Ajaj Bali
(Dean)

Dean, University Institute of Law
Sant Baba Bhag Singh University,
Village Khiala, P.O. Padhlana,
Distt. Jalandhar-144030 (PB).

University Institute of Law
Sant Baba Bhag Singh University
Jalandhar, Punjab

Copy to:

1. Hon' ble Vice Chancellor, Sant Baba Bhag Singh University (for your kind information)
2. Registrar, Sant Baba Bhag Singh University (for your kind information)
3. Dean Academics, Sant Baba Bhag Singh University (for your kind information)
4. Chairperson, Internal Complaints Committee
5. Members of Gender Sensitization Committee
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